

FLOOD RECOVERY NEWSLETTER



Edition 10: 3 March 2023

Get Active Victoria



KIDS VOUCHER PROGRAM

Helping eligible families get their kids involved in organised sport and active recreation.

Eligible children may receive up to \$200 to cover the costs for membership and registration fees. Applications are now open for a Voucher or Reimbursement.

Apply at: <https://www.getactive.vic.gov.au/vouchers/>

Community Recovery Contacts

Loddon Shire Council's Flood Recovery team would love to hear from you and assist you through your flood recovery. Please get in touch if you would like to chat about flood recovery for you and your community.

Call Mal: 0499 978 145 or Josie: 0474 911 783

Grants available to build farm spirit



Are you planning a community event to help the health and wellbeing of farmers and farm families impacted by the floods and flood recovery?

The National Centre for Farmer Health (NCFH) #BuildingFarmSpirit program is partnering with Victoria's community groups, local agriculture industry, not-for-profit organisations, sporting clubs and individuals with grants of \$500 to \$1,500 for activities that provide social connection and mental health promotion for farmers and farming communities.

Social connection is an important part of supporting farmer mental health. You may like to host a barbeque lunch or dinner and get a local speaker who has lived experience to share their story, follow your AGM or regular meeting with a guest speaker, start a walking group, book-club or podcast community or tie an activity to a local festival.

If you have an idea for a community event or program that promotes social connection and wellbeing for farmers and farm families, go to www.farmerhealth.org.au/buildingfarmspirit and register your interest.

In addition, the social media campaign, #BuildingFarmSpirit, enables Victorian farmers and farming families affected by flood, to share stories, ideas and tips with others, without the need to leave the farm during the increased workload of flood recovery.

Sporting Club Grants Program

The Sporting Club Grants Program provides funding for grassroots sport and active recreation organisations across Victoria.

Access to this funding helps clubs and organisations address barriers in participation, develop safe and sustainable practices, and build social and active local communities.

This program assists organisations to purchase sports uniforms and equipment, increase the skills of coaches, officials, volunteers and administrators, and supports improvements to club capacity and accessibility.

Category 1: Uniforms or Equipment

Up to \$1,000 to purchase:

Uniforms for teams or individuals

Participation equipment which is used during physical participation in a sport or active recreation activity

Safety, injury prevention and first-aid equipment.

Category 2: Skill Development

Up to \$2,000 for training or courses that improve the skills of coaches, officials, volunteers and administrators.

Category 3: Operational Capacity

Up to \$5,000 for projects that create new participation opportunities, improve accessibility or strengthen operational capacity.

Closes 15 March 2023. Apply at:

<https://www.sportsfocus.com.au/sporting-club-grants-program/>

FOR RELIEF & PERSONAL HARDSHIP ASSISTANCE CALL 1800 226 226

There is never any excuse for Family Violence

Family violence impacts infants, children and young people who are victim survivors in their own right

If you're worried your child, or a child you know is experiencing or witnessing family violence in the home or community, please reach out. We're here to help.

Our flood recovery team is ready and here to help.

Centre for Non-Violence covers the Loddon region – includes City of Greater Bendigo, Central Goldfields, Mt Alexander, Macedon Ranges, Loddon, and Campaspe shires.

Contact us:

Centre for Non-Violence 1800 884 292 | www.cnv.org.au/we-are-here-to-help

The Orange Door (Loddon Area) 1800 512 359 – for intake and referrals | The 24-hour statewide Safe Steps family violence crisis response line is 1800 015 188 | Men's Referral Service 1300 766 491 | In an emergency, call 000



Family violence can escalate and increase as an impact of environmental disasters, including floods

Women's Health Loddon Mallee

Flood Recovery Quick Response Community Grants



Following the devastation of the 2022 floods, Women's Health Loddon Mallee (WHLM) have talked to flood impacted women across the region, who have indicated that those that have been displaced increasingly need opportunities to reconnect. They have also alerted us that those who run or attend support groups and services have lost key resources that enable them to operate. WHLM understands that communities are best placed to inform what will be most helpful for their recovery, and have \$100,000 in quick response funding available for community-based activities, events and projects that support the mental health and wellbeing of women and/or girls in flood impacted communities across the Loddon Mallee Region.

More information available at <https://whlm.org.au/resources/community-grants/#>

Register for a Community Grant Information Session: Thursday 9 March, 2:30-3:30pm (Registered Attendees will be sent a zoom link via email)

Register at <https://events.humanitix.com/whlm-flood-recovery-grants-information>

Barefoot bowls & BBQ Party

THURS
9
March

FREE

THURSDAY
START AT 6.30 PM

BOORT BOWLS CLUB
GODFREY ST, BOORT VIC 3537,

COME HUNGRY AND
READY TO BOWL!

MORE INFORMATION CALL LAURIE MAXTED ON 0428 551 332

PROUDLY SUPPORTED BY THE NATIONAL CENTRE FOR FARMER HEALTH #BUILDINGFARMSPIRIT

Loddon Shire Community Grant Program

The Loddon Shire Community Grants Program is a competitive funding program aimed at helping clubs and organisations to enhance the provision of facilities, services or activities that improve the quality of life for people in their community.

This funding is open to not-for-profit organisations wanting to deliver projects/programs that directly benefit Loddon Shire residents.

Community grants are available for projects that:

- fulfil a demonstrated community need
- develop or improve upon existing facilities
- fund programs or purchase equipment that will maintain and/or increase opportunities for participation
- funding can also be used as a co-contribution as part of an organization's financial contribution for an external funding application.

Amount: up to \$10,000 **Status:** Open, ongoing

For more information visit:

<https://www.loddon.vic.gov.au/For-residents/Community-support/Council-grants>

DFFH Flood Re-establishment Assistance

You can get financial help to return home if you cannot live in your home because it is damaged or destroyed; or you cannot access your home for more than 7 days because of flooding. This is called 'Re-establishment Assistance'. It is only available for your principal place of residence.

Re-establishment Assistance can help to pay for:

- clean-up
- emergency accommodation
- repairs
- rebuilding your home
- replacing some damaged contents.

This help is means tested. You can only get it if you: do not have building (home) insurance or contents insurance AND are experiencing financial hardship.

Call the Emergency Recovery Hotline on 1800 560 760 to register your details for Re-establishment Assistance.

Hard waste collection - March 2023

Loddon Shire Council will conduct its annual kerbside hard waste collection of metals, e-waste, furniture and white goods. Residents within participating township boundaries may place items up to a total of one cubic metre out on the nature strip on **Sunday 5 March 2023** (not before or after). Council staff will collect these items starting Monday 6 March.

Health and wellbeing support

- Royal Flying Doctor Service - Flying Doctor Wellbeing Available to those aged 18+. Call (03) 8412 0480.
- Rural Financial Counselling Service - free and confidential financial support - Call 1300 735 578
- Mind Australia-Bendigo: Call 1300 286 463 or visit mindaustralia.org.au
- Orange Door - You have a right to be safe - Call 1800 512 359
- 1800respect - Confidential information, counselling and support service. Call 1800 737 732
- Nurse on Call: 24 hour caring and professional health advice 1300 60 60 24.
- Lifeline: 24hr crisis support and suicide prevention services: 13 11 14 or lifeline.org.au
- Beyond Blue: Information and support for anxiety and/or depression: 1300 224 636 or beyondblue.com.au
- Kids Help Line: 24hr phone and online counselling service for people aged 5-25: 1800 551 800 or kidshelpline.com.au
- Seniors Rights Victoria - Elder abuse, prevention and support - 1300 368 821
- Emerging Minds: Provides resources for parents, carers, and families about infant and child mental health: emergingminds.com.au
- Translation and Interpreter Services: Provides access to phone and on-site interpreting services. Requests must be submitted at least 48 hours in advance. www.tisnational.gov.au
- National Relay Service: Assistance making a phone call if you are deaf or have a hearing or speech impediment. Speak and listen number: 1300 555 727. Teletypewriter number: 133 677. SMS relay number: 0423 677 767.

Flood Recovery Grants



Community Bank Inglewood & Districts

Community Bank Inglewood & Districts is proud to be backing local communities in their flood-recovery efforts by offering special one-off grants of \$500 for events in communities affected by the October floods.

If you're part of a local club or organisation planning an event for a flood-affected community, drop the bank a line. The application process is simple, and they can help talk you through the requirements. Bring some joy to your community!

For more information, email Company Secretary Robyn on companysecretary@idcel.com.au

Mosquito borne disease update

The Department of Health continues to monitor the mosquito situation across the region with high levels of Murray Valley Encephalitis detected in mosquitoes but no human cases. Currently there are two cases of Japanese Encephalitis in humans. If you're travelling through or visiting this region make sure you:

- Cover up - wear long, loose-fitting clothing.
- Use mosquito repellents containing picardin or DEET on all exposed skin.
- Limit outdoor activity if lots of mosquitoes are about.
- Use 'knockdown' fly spray, mosquito coils or plug-in repellent where you gather to sit or eat outdoors.
- Don't forget the kids – always check the insect repellent label. On babies, you might need to spray or rub repellent on their clothes instead of their skin. Avoid applying repellent to the hands of babies or young children.

Local support services

Community Health / Hospitals

Boort District Health
3 Kinary St, Boort
P: (03) 5451 5200

Inglewood and District Health Services
3 Hospital St, Inglewood
P: (03) 5431 7000

Northern District Community Health
P: (03) 5451 0200

Boort Medical Centre
2 Couatts St, Boort
P:(03) 5451 5200

Dingee Bush Nursing Centre
21 King St, Dingee
P:(03) 5436 8309

Marong Medical Centre
8 Hospital St, Inglewood
P:(03) 5438 3308

Boort and Pyramid Hill Community Health
P:(03) 5451 0200

Wedderburn Health Clinic
25 Wilson St, Wedderburn
P: (03) 5494 3511

Legal Services
Loddon Campaspe Community Legal Service
P: 1800 450 909

Neighbourhood Houses
Boort Resource and Information Centre (BRIC)
119-121 Godfrey St, Boort
P: (03) 5455 2716

Inglewood Community Neighbourhood House
Cnr Verdon & Market St, Inglewood
P: (03)5455 2716

Pyramid Hill Neighbourhood House
43 Kelly St, Pyramid Hill
P: (03) 5455 7129

Wedderburn Community House
24 Wilson St, Wedderburn
P: (03) 5494 3489

Loddon Shire services

For up-to-date information regarding flood recovery and council services:

- Visit our website at www.loddon.vic.gov.au
- Call our office between 8.15am-4.45pm, Monday-Friday on (03) 5494 1200; or
- Go to our Facebook page at www.facebook.com/LoddonShire/