

# FLOOD RECOVERY UPDATE BULLETIN



## HEALTH & WELLBEING SUPPORT

**Royal Flying Doctor Service - Flying Doctor Wellbeing** - Available to those aged 18+. Call (03) 8412 0480.

**Rural Financial Counselling Service** - free and confidential financial support - Call 1300 735 578

**Mind Australia Bendigo** Call 1300 286 463 or visit [mindaustralia.org.au](http://mindaustralia.org.au)

**Orange Door** - You have a right to be safe - Call 1800 512 359

**Australian Community Support Organisation (ACSO)** - An intake organisation for Alcohol and other Drugs, Mental health, Youth and other clinical services for the Loddon area.

**1800respect** - Confidential information, counselling and support service. Call 1800 737 732

**Nurse on Call** 24 hour caring and professional health advice 1300 60 60 24.

**Lifeline**: 24hr crisis support and suicide prevention services: 13 11 14 or [lifeline.org.au](http://lifeline.org.au)

**Beyond Blue** Information and support for anxiety and/or depression: 1300 224 636 or [beyondblue.com.au](http://beyondblue.com.au)

**Kids Help Line** 24hr phone and online counselling service for people aged 5-25: 1800 551 800 or [kidshelpline.com.au](http://kidshelpline.com.au)

**Seniors Rights Victoria** - Elder abuse, prevention and support - 1300 368 821

**Emerging Minds** Provides resources for parents, carers, and families about infant and child mental health: [emergingminds.com.au](http://emergingminds.com.au)

**Translation and Interpreter Services** Provides access to phone and on-site interpreting services. Requests must be submitted at least 48 hours in advance. [www.tisnational.gov.au](http://www.tisnational.gov.au)

**National Relay Service** Assistance making a phone call if you are deaf or have a hearing or speech impediment. Speak and listen number: 1300 555 727.

## LOCAL SUPPORT SERVICES

### Community Health/Hospitals

**Boort District Health**  
3 Kinary St, Boort P: (03) 5451 5200

**Inglewood and District Health Services**  
3 Hospital St, Inglewood P: (03) 5431 7000

**Northern District Community Health**  
P: (03) 5451 0200

**Boort Medical Centre**  
2 Coutts St, Boort P:(03) 5451 5200

**Dingee Bush Nursing Centre**  
21 King St, Dingee P:(03) 5436 8309

**Marong Medical Practice**  
8 Hospital St, Inglewood P:(03) 5438 3308

**Wedderburn Health Clinic**  
25 Wilson St, Wedderburn P: (03) 5494 3511

### Legal Services

**Loddon Campaspe Community Legal Service** P: 1800 450 909

### Neighbourhood Houses

**Boort Resource and Information Centre (BRIC)** 119-121 Godfrey St, Boort P: (03) 5455 2716

**Inglewood Community Neighbourhood House**  
Cnr Verdon & Market St, Inglewood P: (03)5455 2716

**Pyramid Hill Neighbourhood House**  
43 Kelly St, Pyramid Hill P: (03) 5455 7129

**Wedderburn Community House**  
24 Wilson St, Wedderburn P: (03) 5494 3489

## Rebuilding Futures Grants round open

The Foundation for Rural and Regional Renewal's (FRRR) Rebuilding Futures is a responsive grant program, which will be activated from time to time to provide disaster recovery support for remote, rural and regional communities impacted by extreme weather events.

The program aims to support grants for local not-for-profit community organisations to undertake community-identified and community-led recovery activities that can strengthen resilience and enable projects for building back better to reduce the impact of future disasters on community wellbeing and physical infrastructure.

Round 3 of Rebuilding Futures is now open to support applications from communities impacted by storm and flood events in Victoria from October 2022 to January 2023 with grants up to the value of \$20,000.

Proudly supported by AAMI, a part of the Suncorp Group, a total of \$300,000 is available for a wide range of projects and activities to support recovery in the medium to long-term.

Applications close 5pm Thursday 13 July 2023.

For more information and to apply go to: [frrr.org.au/funding/disaster-resilience-and-climate-solutions/rebuilding-futures/](http://frrr.org.au/funding/disaster-resilience-and-climate-solutions/rebuilding-futures/)



*Newbridge Football Netball Club exemplify resilience in rebuilding futures*

Community Dinner and Special Guest Speaker  
Another Loddon Shire Council Community Recovery Event

# DAVID YOUNGER

DAVID YOUNGER IS A MELBOURNE BASED NATURAL DISASTER RECOVERY AND PREPAREDNESS CONSULTANT WHO HAS BEEN SUPPORTING COMMUNITIES THROUGHOUT AUSTRALIA SINCE THE 2009 BLACK SATURDAY FIRES. DAVID IS ALSO A CLINICAL PSYCHOLOGIST AND HAS SEEN FIRST HAND THERE CAN BE OPPORTUNITIES FOR RECOVERY AND GROWTH WITHIN ADVERSITY.

Come and listen to David talk about common recovery challenges along with tips and pointers that can help you and your community to recover better

Blending storytelling, scientific findings, and real life experiences

**FRI 4 AUGUST 2023**  
**6PM FOR A 6.30 START**  
**BRIDGEWATER HOTEL**

Meals free, drinks at bar prices

Please RSVP for catering purposes to  
Manager Community Recovery: [mbrown@loddon.vic.gov.au](mailto:mbrown@loddon.vic.gov.au)  
Ph: 0499 978 145



## Lessons in Disaster training

Do you work with communities affected by disasters? Don't miss out on our valuable Lessons in Disaster training.

Gender and Disaster Australia has partnered with Women's Health Loddon Mallee to bring our award-winning training to your community. Tickets are fully subsidised thanks to funding from the Federal Government and support from Women's Health Loddon Mallee.

With the heightened probability of more intense and frequent disasters due to climate change, coupled with social fragmentation and mounting pressure on emergency services, communities face growing challenges in recovery. Extended recovery periods will have an adverse effect on families, partners, and specific vulnerable groups. Research has demonstrated an upsurge in domestic and family violence following such disasters.

Our Lessons in Disaster training will help you understand:

- The distinct experiences of women, men, and LGBTIQ+ people during disasters.
- How gender roles often expect men to protect and provide while women are expected to prioritise nurturing others at the expense of their own safety.
- That LGBTIQ+ people's needs are frequently overlooked in disaster situations.
- That applying a gendered lens at every stage of disaster leads to stronger and more inclusive communities in recovery.

**Thursday 3 August** 9.00am to 4.00pm. In Person - Serpentine Recreation Reserve, 20 Chapel St, Serpentine 3517.

Register at <https://shorturl.at/EKPV6>

For information contact Asminah at GADAus on E-mail: [a.cohen@gadaustralia.com.au](mailto:a.cohen@gadaustralia.com.au)

Website: <https://genderanddisaster.com.au>

## Business Groups Flood Recovery Grants VICTORIA

Grants for Victorian business organisations to support locally led recovery initiatives in flood-affected areas. The purpose of this program is to reactivate the small business sector in flood-affected local government areas.

The program is jointly funded by the Australian and Victorian Governments under the Disaster Recovery Funding Arrangements for the Victorian floods which commenced in October 2022 (AGRN 1037). Grants of \$20,000 and \$50,000 (excl GST) are available.

Grant funds must be solely used to support flood-related recovery activities for members by undertaking activities such as:

- Supporting and encouraging flood-impacted businesses to collaborate on business activities
- Reactivation and rebuilding of the local economy in flood-affected areas

- Enabling flood-impacted businesses to build capacity and resilience
- Business skill development, networking, and resource sharing
- upgrading digital channels to better connect with flood impacted members
- Helping members adapt to a flood recovery operating environment
- Supporting the advancement of flood-impacted Victorian business communities
- Collaboration between tourism organisations or other business groups.

Now open. Closing date: Tuesday 31 October 2023

Unincorporated organisations and organisations with an ABN registered after 1 November 2021 will be required to have a local council enter into the grant agreement on their behalf. For further assistance please email: [businessrecovery@business.vic.gov.au](mailto:businessrecovery@business.vic.gov.au) or contact the Business Victoria hotline on 13 22 95 during office hours.

## LODDON SHIRE SERVICES AND CONTACTS

Loddon Shire Council's Flood Recovery team would love to hear from you and assist you through your flood recovery.

Please get in touch if you would like to chat about flood recovery for you and your community.

Call Mal: 0499 978 145 or Josie: 0474 911 783

For up-to-date information regarding flood recovery and council services:

- Visit our website at [www.loddon.vic.gov.au](http://www.loddon.vic.gov.au)
- Call our office between 8.15am-4.45pm, Monday-Friday on (03) 5494 1200; or
- Go to our Facebook page [facebook.com/LoddonShire/](https://facebook.com/LoddonShire/)