

FLOOD RECOVERY UPDATE BULLETIN

AUGUST 3 2023



HEALTH & WELLBEING SUPPORT

Royal Flying Doctor Service - Flying Doctor Wellbeing - Available to those aged 18+. Call (03) 8412 0480.

Rural Financial Counselling Service - free and confidential financial support - Call 1300 735 578

Mind Australia Bendigo Call 1300 286 463 or visit mindaustralia.org.au

Orange Door - You have a right to be safe - Call 1800 512 359

Australian Community Support Organisation (ACSO) - An intake organisation for Alcohol and other Drugs, Mental health, Youth and other clinical services for the Loddon area.

1800respect - Confidential information, counselling and support service. Call 1800 737 732

Nurse on Call 24 hour caring and professional health advice 1300 60 60 24.

Lifeline: 24hr crisis support and suicide prevention services: 13 11 14 or lifeline.org.au

Beyond Blue Information and support for anxiety and/or depression: 1300 224 636 or beyondblue.com.au

Kids Help Line 24hr phone and online counselling service for people aged 5-25: 1800 551 800 or kidshelpline.com.au

Seniors Rights Victoria - Elder abuse, prevention and support - 1300 368 821

Emerging Minds Provides resources for parents, carers, and families about infant and child mental health: emergingminds.com.au

Translation and Interpreter Services Provides access to phone and on-site interpreting services. Requests must be submitted at least 48 hours in advance. www.tisnational.gov.au

National Relay Service Assistance making a phone call if you are deaf or have a hearing or speech impediment. Speak and listen number: 1300 555 727.

LOCAL SUPPORT SERVICES

Community Health/Hospitals

Boort District Health

3 Kinary St, Boort P: (03) 5451 5200

Inglewood and District Health Services

3 Hospital St, Inglewood P: (03) 5431 7000

Northern District Community Health

P: (03) 5451 0200

Boort Medical Centre

2 Couatts St, Boort P:(03) 5451 5200

Dingee Bush Nursing Centre

21 King St, Dingee P:(03) 5436 8309

Marong Medical Practice

8 Hospital St, Inglewood P:(03) 5438 3308

Wedderburn Health Clinic

25 Wilson St, Wedderburn P: (03) 5494 3511

Legal Services

Loddon Campaspe Community Legal Service

P: 1800 450 909

Neighbourhood Houses

Boort Resource and Information Centre (BRIC)

119-121 Godfrey St, Boort P: (03) 5455 2716

Inglewood Community Neighbourhood House

Cnr Verdon & Market St, Inglewood P: (03)5455 2716

Pyramid Hill Neighbourhood House

43 Kelly St, Pyramid Hill P: (03) 5455 7129

Wedderburn Community House

24 Wilson St, Wedderburn P: (03) 5494 3489

Collage ignites community spirit

In the lead up to the Yarrawalla Community Bonfire Night students from Loddon schools participated in creative writing workshops with Lorraine Marwood and collage making workshops with Melbourne-based 'The Paper Joint'. Year 8 students from Pyramid Hill College collaborated to produce a magnificent bonfire collage that rivalled the intensity of the fire on the night.

The bonfire was a great opportunity for more than 70 Yarrawalla locals, to gather at the Recreation Reserve, share a meal and reconnect after the displacement of the October 2022 floods. Building community capacity to support each other during events like the recent flood are so important to the future of communities like Yarrawalla.

Murray Public Health Network funded the event that included a wonderful meal provided by East Loddon Lions Club, entertainment by singer/songwriter Sherri Parry, and storytelling by Jan Wositzky. A Volunteer committee was strengthened by new locals joining the Yarrawalla Recreation Reserve Committee and the Yarrawalla Community Planning Group as a result of the Bonfire event.

PICTURED: Connecting the Yarrawalla community (L-R): Sue Bennett, Michelle Balic, Simoné Henning and Miranda Smith enjoyed the meal, bonfire and entertainment. (Photo: A. Perryman)

WHAT'S ON

Monday 14 August 9am – 4.30pm Red Cross Communicating in Recovery Workshop

Loddon Shire Council is keen to support Loddon Shire residents who offer frontline services during a natural disaster or other emergency to participate in this training which promotes best-practice effective communication for those working in emergency recovery. Council will reimburse the \$370 course fee and a transport cost up to \$100 to travel to the training in Bendigo on Monday 14 August.

To register, or for more information, go to <https://rb.gy/n1os4> or call Mal Brown, Community Recovery Manager, Loddon Shire Council, on 0499 978 145.

Save the date

The \$600,000 gold Melbourne Cup is coming to the Boort Agricultural and Pastoral Show on Saturday 14 October 2023. Get your photo taken with the Cup. Watch out for more details.

Women's Health Loddon Mallee 'Women Rising - Empowering Flood Recovery' Survey

Natural disasters are known to worsen existing gender inequalities and cause unequal health, social and economic outcomes that disproportionately affect women. This Women's Health Loddon Mallee (WHLM) project understands that it is essential to hear from flood impacted women so that we can better understand their experiences following the 2022 Floods.

You are invited to complete the survey at <https://rb.gy/pmqr>

GRANT UPDATE

Victorian Women & Benevolent Trust (VWBT) – Sub-Fund Grants

This program aims to provide small grants to eligible organisations for innovative programs for Victorian women and girls that directly address the purposes of the 17 VWBT Sub-Funds. Grants between \$2,000 and \$10,000 are available depending on the Sub-Fund.

Durham Ox Hall flood repair nears completion

Repairs and refurbishment of the Durham Ox hall, which was flooded in October 2022, are nearing completion. The repair works are made possible through the insurance Loddon Shire Council holds over the building on behalf of the volunteer Committee of Management.

PICTURED: Painter, Laurie Beilby, puts a final coat on one of the hall's walls. (Photo: P. Byrne)

LODDON SHIRE SERVICES AND CONTACTS

Loddon Shire Council's Flood Recovery team would love to hear from you and assist you through your flood recovery.

Please get in touch if you would like to chat about flood recovery for you and your community.

Call Mal: 0499 978 145 or Josie: 0474 911 783



Applicant organisations are asked to only apply to one Sub-Fund, so they should choose the most appropriate Sub-Fund for the project. Eligible projects must address the needs of women and girls living in Victoria. Applications close 25 August 2023. For more information go to: <https://www.vwt.org.au/grants/sub-funds/>

Community Volunteer Grants

The Federal Department of Social Services' 2023-24 Volunteer Grants for Families and Communities Program is now calling for Expressions of Interest (EOIs) with your local Federal Member of Parliament (MP). The Volunteer Grants Activity is an element of the Families and Communities Program, which aims to strengthen relationships, support families, improve the wellbeing of children and young people, reduce the cost of family breakdown and strengthen family and community functioning.

The objectives of Volunteer Grants are to help community organisations to support the efforts of Australia's volunteers, help community organisations to support the inclusion of vulnerable people through volunteering and encourage, support and increase participation in volunteering.

\$10 million is available in 2023-24. Grants of between \$1,000 and \$5,000 are available to eligible not-for-profit community organisations. This funding is to be used to:

- purchase eligible small equipment items for use by volunteers
- contribute to volunteers' fuel costs, during the course of their volunteer work
- contribute to transport costs for volunteers with disability who are unable to drive
- assist with the cost of training courses for volunteers
- undertake background screening checks for volunteers
- conduct activities to promote awareness of, and increase participation in, volunteering opportunities
- adapt practises to support volunteers' safety.

For more information and to apply go to <https://shorturl.at/oIY68>



Canoe launcher reinstated at Durham Ox

Much to the delight of canoe enthusiasts, the canoe launcher on the Serpentine Creek at Durham Ox has been replaced after the previous launcher was swept away in the October 2022 flood.

For up-to-date information regarding flood recovery and council services:

- Visit our website at www.loddon.vic.gov.au
- Call our office between 8.15am-4.45pm, Monday-Friday on (03) 5494 1200; or
- Go to our Facebook page facebook.com/LoddonShire/