

FLOOD RECOVERY

UPDATE BULLETIN 29 FEBRUARY 2024



HEALTH & WELLBEING SUPPORT

Royal Flying Doctor Service - Flying Doctor Wellbeing - Available to those aged 18+. Call (03) 8412 0480.

Rural Financial Counselling Service - free and confidential financial support - Call 1300 735 578

Mind Australia Bendigo Call 1300 286 463 or visit mindaustralia.org.au

Orange Door - You have a right to be safe - Call 1800 512 359

Australian Community Support Organisation (ACSO) - An intake organisation for Alcohol and other Drugs, Mental health, Youth and other clinical services for the Loddon area.

1800respect - Confidential information, counselling and support service. Call 1800 737 732

Nurse on Call 24 hour caring and professional health advice 1300 60 60 24.

Lifeline: 24hr crisis support and suicide prevention services: 13 11 14 or lifeline.org.au

Beyond Blue Information and support for anxiety and/or depression: 1300 224 636 or beyondblue.com.au

Kids Help Line 24hr phone and online counselling service for people aged 5-25: 1800 551 800 or kidshelpline.com.au

Seniors Rights Victoria - Elder abuse, prevention and support - 1300 368 821

Emerging Minds Provides resources for parents, carers, and families about infant and child mental health: emergingminds.com.au

Translation and Interpreter Services Provides access to phone and on-site interpreting services. Requests must be submitted at least 48 hours in advance. www.tisnational.gov.au

National Relay Service Assistance making a phone call if you are deaf or have a hearing or speech impediment. Speak and listen number: 1300 555 727.

LOCAL SUPPORT SERVICES

Community Health/Hospitals

Boort District Health

3 Kinary St, Boort P: (03) 5451 5200

Inglewood and District Health Services

3 Hospital St, Inglewood P: (03) 5431 7000

Northern District Community Health

P: (03) 5451 0200

Boort Medical Centre

2 Coutts St, Boort P:(03) 5451 5200

Dingee Bush Nursing Centre

21 King St, Dingee P:(03) 5436 8309

Marong Medical Practice

8 Hospital St, Inglewood P:(03) 5438 3308

Wedderburn Health Clinic

25 Wilson St, Wedderburn P: (03) 5494 3511

Legal Services

Loddon Campaspe Community Legal Service

P: 1800 450 909

Neighbourhood Houses

Boort Resource and Information Centre (BRIC)

119-121 Godfrey St, Boort

P: (03) 5455 2716

Inglewood Community Neighbourhood House

Cnr Verdon & Market St, Inglewood

P: (03)5455 2716

Pyramid Hill Neighbourhood House

43 Kelly St, Pyramid Hill P: (03) 5455 7129

Wedderburn Community House

24 Wilson St, Wedderburn

P: (03) 5494 3489

Pyramid Hill Family Fun Night success

On Friday 23 February, the Pyramid Hill community came together at Mitchell Park for a terrific night of family fun as part of the Loddon Shire Council's Flood Recovery program funded by the Australian and Victorian governments. The free event, which featured live music, circus activities, wood fired pizza and souvlakis just to name a few, attracted over 120 people from Pyramid Hill and the surrounding area giving the community a valuable opportunity to catch up, reconnect and relax together.

Local support agencies also got on board with Boort District Hospital whipping up pedal-powered smoothies and Northern Districts Community Health running mini golf while also promoting the health and wellbeing support available.

With plenty on offer to entertain and delight, the crowd certainly seemed to enjoy the night which was developed by local volunteers, including Progress Association president and event emcee Drew Chislett.

One of the evening's many highlights was the community mural activity facilitated by artist Wes Franklin and inspired by a quote from Dr Rob Gordon who has presented at recovery events in Loddon following the 2022 floods. The chalk mural is now on display in the Pyramid Hill Supermarket window.

Well done to the local organising group and to all those who made it along.



Decorating a chalk mural and learning circus tricks entertained the many children.

COMMUNITY DINNER AND PRESENTATION

WED 13 MARCH, 2024
6.00 FOR A 6.30PM START

WEDDERBURN HOTEL

WITH DOCTOR **ROB GORDON**

MEALS FREE, DRINKS AT BAR PRICES

Disaster recovery expert and clinical psychologist Dr Rob Gordon returns to Loddon to speak with communities about the recovery journey. With a depth of wisdom, personal experience and professional expertise acquired over decades, Rob's ability to cut-through the noise and talk about what flood recovery is really like is a great asset to any community that has experienced a disaster.

Please RSVP by Wednesday 6 March to Loddon Shire Council
Manager Community Recovery Mal Brown: 0499 978 145



Part of the crowd at Pyramid Hill on Friday evening

VCC EM Outreach

In response to the compounding trauma caused by the flood and storm events of December 2023 and January 2024 Loddon Shire Council has mobilized the Victorian Council of Churches Emergencies Ministry (VCC EM) - an organisation specialising in disaster response in Victoria.

The VCC EM trained outreach teams have been visiting farming families in Loddon Shire in their own homes to offer information and gather details as to the needs of those individuals.

BlazeAid

BlazeAid is assisting 15 registered farming families in Loddon Shire with fencing repairs. Operating from a base camp in Boort the fencing crew has so far completed over three kilometres of fencing and invested 44 volunteer days of labour.

LODDON SHIRE SERVICES AND CONTACTS

Loddon Shire Council's Flood Recovery team would love to hear from you and assist you through your flood recovery.

Please get in touch if you would like to chat about flood recovery for you and your community.

Call Mal: 0499 978 145 or Josie: 0474 911 783

For up-to-date information regarding flood recovery and council services:

- Visit our website at www.loddon.vic.gov.au
- Call our office between 8.15am-4.45pm, Monday-Friday on (03) 5494 1200; or
- Go to our Facebook page facebook.com/LoddonShire/