

# FLOOD RECOVERY

## UPDATE BULLETIN 22 AUGUST 2024



### HEALTH & WELLBEING SUPPORT

**Royal Flying Doctor Service - Flying Doctor Wellbeing** - Available to those aged 18+. Call (03) 8412 0480.

**Rural Financial Counselling Service** - free and confidential financial support - Call 1300 735 578

**Mind Australia Bendigo** Call 1300 286 463 or visit [mindaustralia.org.au](http://mindaustralia.org.au)

**Orange Door** - You have a right to be safe - Call 1800 512 359

**Australian Community Support Organisation (ACSO)** - An intake organisation for Alcohol and other Drugs, Mental health, Youth and other clinical services for the Loddon area.

**1800respect** - Confidential information, counselling and support service. Call 1800 737 732

**Nurse on Call** 24 hour caring and professional health advice 1300 60 60 24.

**Lifeline**: 24hr crisis support and suicide prevention services: 13 11 14 or [lifeline.org.au](http://lifeline.org.au)

**Beyond Blue** Information and support for anxiety and/or depression: 1300 224 636 or [beyondblue.com.au](http://beyondblue.com.au)

**Kids Help Line** 24hr phone and online counselling service for people aged 5-25: 1800 551 800 or [kidshelpline.com.au](http://kidshelpline.com.au)

**Seniors Rights Victoria** - Elder abuse, prevention and support - 1300 368 821

**Emerging Minds** Provides resources for parents, carers, and families about infant and child mental health: [emergingminds.com.au](http://emergingminds.com.au)

**Translation and Interpreter Services** Provides access to phone and on-site interpreting services. Requests must be submitted at least 48 hours in advance. [www.tisnational.gov.au](http://www.tisnational.gov.au)

**National Relay Service** Assistance making a phone call if you are deaf or have a hearing or speech impediment. Speak and listen number: 1300 555 727.

### LOCAL SUPPORT SERVICES

#### Community Health/Hospitals

##### Boort District Health

3 Kiniry St, Boort P: (03) 5451 5200

##### Inglewood and District Health Services

3 Hospital St, Inglewood P: (03) 5431 7000

##### Northern District Community Health

P: (03) 5451 0200

##### Boort Medical Centre

2 Coutts St, Boort P:(03) 5451 5200

##### Dingee Bush Nursing Centre

21 King St, Dingee P:(03) 5436 8309

##### Marong Medical Practice

8 Hospital St, Inglewood P:(03) 5438 3308

##### Wedderburn Health Clinic

25 Wilson St, Wedderburn P: (03) 5494 3511

#### Legal Services

##### Loddon Campaspe Community Legal Service

P: 1800 450 909

#### Neighbourhood Houses

##### Boort Resource and Information Centre (BRIC)

119-121 Godfrey St, Boort

P: (03) 5455 2716

##### Inglewood Community Neighbourhood House

Cnr Verdon & Market St, Inglewood

P: (03)5455 2716

##### Pyramid Hill Neighbourhood House

43 Kelly St, Pyramid Hill P: (03) 5455 7129

##### Wedderburn Community House

24 Wilson St, Wedderburn

P: (03) 5494 3489



Andrew Lockhart will talk of his experience growing lentils in Loddon at Farmer's Day Out

### 'Farmer's Day Out' 7am-2pm Wednesday 28 August

Loddon Shire Council's Community Flood Recovery team is hosting a great free event for Loddon Shire farmers next Wednesday, 28 August. The day will commence at 7am with barista coffee and breakfast at Donaldson Park.

Farmers will then board a bus to visit three farms to look at growing lentils, flood proof fencing and using liquid fertilizers. Then back to Donaldson Park to hear a key note address from former AFL professional footballer and mental health advocate Wayne Schwass, followed by a delicious lunch. Meet at car park via Hospital St. Please register for catering purposes at <https://shorturl.at/yTmOP>

### Pizza at the Pub with Legless and Blind, Four Posts at Jarklin - Wednesday 11 September

For Loddon residents only - Have a chat, have a laugh and have some pizza at this fun, family-friendly event for the Loddon community! Striking a balance between humour and talking the tough stuff, Mike and Ben seamlessly blend the light-hearted with the serious, weaving together real life anecdotes with research-backed strategies. Despite facing their own unique physical

### 2024 Community Flood Recovery Grants Program

Following the success of the 2023 grants program Loddon Shire Council is pleased to announce a 2024 Community Flood Recovery Grants Program.

The Program will provide grants to not-for-profit community groups in Loddon Shire to hold activities and events which create opportunities for connection, resilience, capacity building and positive wellbeing and help keep our communities strong. Projects must link to flood recovery and have clear outcomes for communities across Loddon Shire that were impacted by the October 2022 floods. Applications for grants ranging from \$500-\$5,000 are now open. The amount of the grant depends on the activity or event. Grant applications will close midnight Sunday 1 September 2024.

Applications must be submitted via Council's online SmartyGrants portal. For guidelines and to apply visit: <https://loddon.smartygrants.com.au/>

### LODDON SHIRE SERVICES AND CONTACTS

Loddon Shire Council's Flood Recovery team would love to hear from you and assist you through your flood recovery.

Please get in touch if you would like to chat about flood recovery for you and your community.

Call Mal: 0499 978 145 or Josie: 0474 911 783

challenges, they have perfected the art of engaging audiences and delivering a lasting impact. Meals free. Drinks at bar prices. Book your tickets at <https://events.humanitix.com/pizza-at-the-pub>

### Women's Gathering, Durham Ox with Jane Edmanson OAM, Thursday 12 September

Come and be a part of this very special day for Women of Loddon Shire. With barista coffee on arrival, keynote address from Jane Edmanson, creative workshops facilitated by inspiring locals and a delicious lunch catered by local businesses, this is sure to be a truly memorable day. Stay connected with your community at this brilliant free event from 9.30am to 2.00pm in the Durham Ox Hall. Numbers are strictly limited and registration IS ESSENTIAL at: <https://shorturl.at/Zcw75> or scan the QR code.

Pictured: Jane Edmanson



### Photographic Exhibition, Coach House Gallery, Wedderburn, from Wednesday 25 September

A free photographic exhibition will be on show for six weeks in the Coach House Gallery, Wedderburn, from Wednesday 25 September. Husband and wife (film photographer Greg Wane and smartphone photographer, Heidi Wane) are bringing their 30 piece photo exhibition featuring the two different technologies to Loddon as part of the Loddon Valley Arts trail. Keep up-to-date at: <https://www.facebook.com/profile.php?id=100063686194232>

### 2024 Loddon Valley Arts Trail launch, Tarnagulla, Friday 4 October

Loddon Valley Arts Trail kicks off this year's 'Seeing is Believing' weekend with a free community celebration, at the Tarnagulla Public Hall from 5pm on Friday 4 October. Barbeque, live music, all welcome. For information visit: <https://www.bendigoregion.com.au/visit-loddon-valley/loddon-valley-arts-trail>

For up-to-date information regarding flood recovery and council services:

- Visit our website at [www.loddon.vic.gov.au](http://www.loddon.vic.gov.au)
- Call our office between 8.15am-4.45pm, Monday-Friday on (03) 5494 1200; or
- Go to our Facebook page [facebook.com/LoddonShire/](https://facebook.com/LoddonShire/)